Lauren Poulton
Choreographer



After graduating from the Central School of Ballet, a world-class centre for professional dance training in London, and after a career as a professional dancer for many years, spanning classical, contemporary and physical theatre, Lauren Poulton has more recently worked as a Choreographer and Movement Director in various productions in the UK and in Europe.

Her most recent works include *The Magic Flute*, Associate Director and Revival Choreographer, *Flute Lite*, Revival Director and Choreographer, *La Rondine*, Choreographer and Assistant Director, *Falstaff*, Choreographer (Opera North), *The Cunning Little Vixen*, Associate Director and Choreographer (Longborough Festival), *Die Entführung* and *Die Fledermaus*, Choreographer and Assistant Director (Diva Opera), *A Quiet Place*, Choreographer and Assistant Director, *A Midsummer Night's Dream*, Assistant Director (Opera Zuid), and *Wuthering Heights*, Choreographer (Opéra National de Lorraine).

Further work as Assistant Director and Revival Movement Director on *A Midsummer Night's Dream* (Glyndebourne Festival Opera and Malmö Opera), *Ariadne auf Naxos* and *La boheme* (Opera North), *Spelman Pa Tacket* (Malmö Opera), and as Restaging Choreographer, *Fiddler on the Roof* (Royal Albert Hall BBC Proms performance) and *Street Scene* (Theater Magdeburg).

She has also choreographed several dance works including *Carnival of the Animals* in collaboration with Sinfonia Cymru, *Kneading You* and *Spanish Suite* for Ballet Cymru, *Nexus* for MYDC. Site specific pieces include *Urban Sprawl*, in collaboration with URRL artists and *The Gravity Project*.

Lauren continues to work across opera, theatre, dance and film and has become one of the most sought after choreographers of her generation.

Further engagement this season for *Le villi*, Associate Director and Choreographer, Opera Zuid.